
Year-End Lucky Draw
megakulim PHARMACY
1 Nov - 31 Dec 2026
Cash Vouchers
RM10,000
Get 1 Entry
for every RM100 spent
in a single receipt
*For Members Only. *T&Cs Apply.

Cash Vouchers RM10,000

Grand Prize: RM1000 x1

2nd Prize: RM800 x1

3rd Prize: RM500 x1

Consolation Prize: RM100 x52

Consolation Prize: RM50 x50

Step 1:
Download Mega Kulim Pharmacy App

Step 2:
Get one (1) lucky draw entry for every RM100 spent in a single receipt.

Supporting Brands:

Mk · Mega We Give. For Better Life · Boomie By MK essentia · BiO-LiFE · Derma Health's SkinLabs · Lactacyd · Bioesta · Mānuka Health New Zealand · AiPharma · yuwell You, We Love Life · NovoPLUS · HOSPITECH Healthcare for Humanity · QV · Spoon Health · pigeon · NOXWORM · Shapee

*For Members Only. *T&Cs Apply.

Buy & Get Your Free Gift

Enjoy delightful gifts with your purchases

1 Nov - 31 Dec 2026

megakulim PHARMACY

FREE



Karta Blind Box

Karta, Safe Care, Fresh Care Range
with purchase of RM20 & above

FREE



Stainless Steel Container

Smith & Nephew Range
with purchase of RM25 & above

FREE



Tote Bag with keychain

Tiger Balm Range
with purchase of RM88 & above

FREE



Penguin Plush Toy

Jordan Range
with purchase of RM30 & above

FREE



*Blind Box

Travel Organizer Pouch

Smecta or Forlax Range
with purchase of RM35 & above

FREE



Animal Blanket

Sensodyne Range
with purchase of RM38 & above

FREE



Scotty Heroes
Blind Box Plushie

Scott's Range
with purchase of RM38 & above

FREE



*Blind Box

Canvas Tote Bag

Himalaya Range
with purchase of RM38 & above

FREE



Tote Bag

Lactacyd Range
with purchase of RM50 & above

FREE



Premium Foldable Bag

Systane
with purchase of any 1 unit of Systane Complete Preservative Free Eye Drop 10ml

FREE



Pill Box

Essentiale
with purchase of any 2 units of Essentiale Max 5X6cap or Essentiale Forte N 9X10cap

FREE



Glass Food Container

Legalon or Viartril-S
with purchase of 3 units of Legalon or Viartril-S products

T&Cs apply. While stocks last. Selected items only

Bundle More, Save More

Enjoy greater value with every bundle

1 Nov - 31 Dec 2026

Himalaya SINCE 1930
RM5 RM10 RM25 DISCOUNT
WITH MIN PURCHASE OF **RM30, RM50 & RM100** ON HIMALAYA RANGE PRODUCTS

QV
RM8 DISCOUNT
WITH MIN PURCHASE OF **RM120** ON QV RANGE PRODUCTS

REDWIN SENSITIVE SKIN
RM5 DISCOUNT
WITH MIN PURCHASE OF **RM30** ON REDWIN RANGE PRODUCTS

Vitamode
RM12 DISCOUNT
WITH PURCHASE OF **ANY 2** ON VITAMODE BONE, JOINT & NERVE SUPPORT RANGE



MK Hygienix
Cotton Balls
100'S

BUY 3 @ RM10.00

Unit Price: RM3.90



Redoxon
Triple Action Effervescent
Vitamin C + ZINC + D Orange 2X15tab

BUY 1 @ RM36.50
BUY 2 @ RM33.50/box

Unit Price: RM49.80



Redoxon
Triple Action Effervescent
Vitamin C + ZINC + D Orange 3X15tab

BUY 1 @ RM51.50
BUY 2 @ RM48.50/box

Unit Price: RM69.90



MK Hygienix Silky Soft
Adult Wipes 40's /
Baby Wipes 2X30's

BUY 2 @ RM10.00

Unit Price: RM6.90

BUY 2, SAVE EXTRA RM3



Maltofer Fol
Chewable Tablet 3X10tab /
Syrup 150ml

RM25.20

NP: ~~RM26.90~~

BUY 2, SAVE EXTRA RM5



Perskindol Classic Gel 50ml /
100ml / Spray 150ml /
Cool Gel 100ml / Spray 250ml

RM15.40 - RM26.40

NP: ~~RM23.60 - RM42.30~~

BUY 2, SAVE EXTRA RM3



Sudocrem
Nappy Rash
Cream 60g

RM19.80

NP: ~~RM28.50~~

BUY 2 FREE 2



Ryze Frosty Minty
2mg Nicotine Gum
12's

RM9.90

NP: ~~RM12.40~~



Proxima
Cough Relief Patch + 6's /
Flu Relief Patch 8's

BUY 2nd@ 20% OFF

Unit Price: RM19.90



MK Hygienix Goat's Milk
Shower Cream Original /
Orange / Rose 2000ml

BUY 2nd@ 50% OFF

Unit Price: RM13.90



Breathe Free
Pro / Adult / Kids
Nasal Strips 10's

BUY 2nd@ 60% OFF

Unit Price: RM16.90



Breathe Free
Vapour Patch
Adult / Kids 5's

BUY 2nd@ 60% OFF

Unit Price: RM17.90

T&Cs apply. While stocks last. Selected items only

Members Deserve More

Unlock special savings reserved just for you

1 Nov - 31 Dec 2026

8 X POINTS



Forlax 10g / Kids 4g
10X2sac
RM39.50 - RM44.90
NP: ~~RM53.20 - RM63.20~~

8 X POINTS



Smecta Go
12sac
RM36.40
NP: ~~RM51.40~~

8 X POINTS



Smecta
Orange /Strawberry
12pcs
RM20.90
NP: ~~RM29.70~~

8 X POINTS



TANAKAN 40MG
6X15tab
RM127.90
NP: ~~RM165.50~~

30% OFF



Yukazan
Child Fevercare
Cool Gel 6pcs
RM9.90
NP: ~~RM14.40~~



Yukazan
Adult Flu Relief
Nose Patch / Adult / Child
Cough Relief Patch 6pcs
RM17.90
NP: ~~RM23.60~~

17% OFF



Baseup Ashwadream /
Femmevital NMN /
White Tomato GLO /
Xlimm Biotic Orange
14X25g
RM82.90
NP: ~~RM99.90~~

40% OFF



Caltrate 600
Calcium + D
100tab
RM39.90
NP: ~~RM66.55~~

35% OFF



Centrum
Multivitamin
2X100tab
RM104.50
NP: ~~RM161.60~~

46% OFF



Centrum Silver+
Lutein Lycopene
100tab
RM56.80
NP: ~~RM105.25~~

26% OFF



Scott's Emulsion
Original / Orange
2X400ml
RM33.30
NP: ~~RM45.00~~



Scott's Vitamin C
Blackcurrant / Orange /
Mixed Berry
50's
RM14.80
NP: ~~RM19.65~~

15% OFF



AL Active Soymilk + /
Nutrisium + Vanilla 600g
RM66.40 - RM71.90
NP: ~~RM79.00 - RM85.20~~



Ecobrown's Cereal
Plus Brown Rice
Cereal 28g / Coffee 30g /
Chocolate 35g Drink 12sac
RM11.40
NP: ~~RM16.10~~

35% OFF



Equal
Classic
100sac
RM10.50
NP: ~~RM16.30~~



HS Stevia
Natural Drops
10ml
RM28.80
NP: ~~RM37.40~~



HS
Stevia Natural
Drops + Vitamin B12
10ml
RM32.80
NP: ~~RM36.90~~

30% OFF



Manuka Health
Manuka Honey
MGO 115+
500g
RM117.00
NP: ~~RM169.50~~

30% OFF



Manuka Health
Manuka Honey
MGO 400+
500g
RM241.20
NP: ~~RM352.50~~

20% OFF



Pigeon Natural Botanical
Baby Head &
Body Wash 500ml /
Milky Lotion 200ml / 500ml
RM14.90 - RM25.90
NP: ~~RM19.00 - RM33.00~~

T&Cs apply. While stocks last. Selected items only

Members Deserve More

Unlock special savings reserved just for you

1 Nov - 31 Dec 2026

40% OFF



Yukazan
Roll On
All Range 10ml
RM29.90
NP: ~~RM49.90~~

40% OFF



Garden of Eden
Grape E / Rosa E
15ml
RM50.40 - RM53.85
NP: ~~RM84.00 - RM89.75~~

40% OFF



Garden of Eden
Jojo E
Cream 150g /
Serum 50ml
RM46.10 - RM50.40
NP: ~~RM76.90 - RM84.05~~

40% OFF



Garden of Eden
Rosa T Acne Serum /
Scar Serum Natur E
5ml
RM27.30
NP: ~~RM45.65~~

30% OFF



Garden of Eden
Gentle Exfoliating Face
Scrub 75ml /
Milk Cleanser 100ml
RM16.70
NP: ~~RM23.90~~

35% OFF



Ezerra
Extra Gentle Cleanser
150ml
RM16.90
NP: ~~RM26.00~~

58% OFF



Himalaya Shampoo
Assorted Variants
(400ml/btl)
RM14.20
NP: ~~RM33.80~~

30% OFF



Makarizo
Vitaglitz Hair Serum
Aloe Melon /
Royal Jelly 6's
RM5.90
NP: ~~RM8.60~~

UP TO 50% OFF



Good Virtues Co.
Shower Cream 700ml /
Refill 550ml
Selected Item
RM7.90 - RM14.90
NP: ~~RM16.10 - RM27.40~~

30% OFF



Betadine Sore
Throat Spray 50ml /
Gargle & Mouthwash
240ml
RM28.30 - RM33.40
NP: ~~RM41.55 - RM50.55~~

25% OFF



Darlie
Mouthwash
Double Mint /Green Tea
500ml
RM12.90
NP: ~~RM17.40~~



Darlie
Toothbrush Travel Kit
All Shiny White Charcoal
RM6.50
NP: ~~RM10.49~~



Darlie
Toothbrush Travel Kit
Jolly Junior
RM10.90
NP: ~~RM16.80~~

30% OFF



Jordan Toothbrush
Step 1 (0-2) /
Step 2 (3-5) /
Step 3 (6-9) /
RM11.90
NP: ~~RM17.40~~



Polident
Denture Adhesive
Flavour Free / Fresh Mint
60g
RM18.90
NP: ~~RM26.40~~



Polident
Max Hold + Seal
Adhesive Cream
Flavour Free 40g
RM19.60
NP: ~~RM25.80~~

15% OFF



Sensodyne
Repair & Protect Series /
Sensitive & Gum Series
100g
RM16.90
NP: ~~RM20.10~~

15% OFF



Sensodyne
Gum Care / Multi Care
100g
RM13.40
NP: ~~RM15.90~~

15% OFF



Farcent
Dehumidifier Disposable
Charcoal / Rose 4X400ml
/ Deodorizer Pure
Charcoal 300ml + 50ml
RM13.50
NP: ~~RM15.90~~



Mr Muscle
Multi-Purpose Cleaner
Lavender /
Ocean Escape 1L
RM7.80
NP: ~~RM11.90~~

T&Cs apply. While stocks last. Selected items only

PWP UP TO 60% OFF

1 Nov - 31 Dec 2026

* Limit 5 Units Per Customer In A Single Receipt

megakulim PHARMACY

LIMITED TIME ONLY !



MK Hygienix Goat's Milk Shower Cream Assorted Flavour 70ml

RM 1.95

~~NP: RM4.90~~



MK Hygienix PowerKleen Natural Dishwash 1L

RM 9.90

~~NP: RM18.60~~



Boomie Soothing Lip Balm Natural / Rosewood 4g

RM 13.90

~~NP: RM16.90~~



Boomie Tea Essence Refershing Intimate Wash 250ml

RM 26.90

~~NP: RM37.40~~



Boomie Tea Essence Hydrating Shower Gel 450ml / Moisturising Body Lotion 250ml

RM 30.90

~~NP: RM41.20~~



MK Essentia Soothing Serum 30ml

RM 55.40

~~NP: RM138.60~~

Bites & Boost



Pocky Chocolate / Cookies & Cream 40g / Strawberry 38g

RM 2.90

~~NP: RM3.60~~



Loacker Classic Napolitaner / Cremkakao 45g

RM 3.20

~~NP: RM3.70~~



Fisherman's All Range

RM 4.35

~~NP: RM5.80~~



MegaLive Liko Drops Tangerine / Honey Lemon / Blackcurrant 8's

RM 4.90

~~NP: RM6.50~~



Dequadin Lemon / Menthol Pastilles 50g

RM 7.00

~~NP: RM8.75~~



Dequadin Lozenges 24's

RM 7.90

~~NP: RM10.25~~



Lee Kum Kee Less Salty Soy Sauce 250ml

RM 3.90

~~NP: RM5.60~~



Lee Kum Kee Pure Sesame Oil 207ml

RM 7.30

~~NP: RM9.90~~



Lee Kum Kee Mushroom Powder 200g

RM 8.40

~~NP: RM12.00~~



Redoxon Kids Vitamin C Chewable 200mg (60Tabs)

RM 9.90

~~NP: RM10.90~~



Nouvelle Ginkgo Bacopa / Red Yeast Rice / Milk Thistle Clearance 6x10Vegetable capsules

RM 39.90

~~NP: RM62.40~~

Household Essentials



MK Hygienix Silky Soft Wet Wipes 10's

RM 1.80

~~NP: RM2.80~~



MK Hygienix Cotton Pads 100's

RM 3.90

~~NP: RM5.30~~



MK Medikare Alcohol Swab 100pcs

RM 4.30

~~NP: RM6.00~~



Panaflex Pain Relief Patch 2 Pc

RM 5.30

~~NP: RM6.65~~



Fullicon AM / PM Pill Box SB014B

RM 6.90

~~NP: RM8.70~~



Jordan Toothpaste
Step 1 Strawberry / Lychee
Step 2 Grape / Green Apple 75g

RM 7.40

~~NP: RM11.60~~



Bepanthen Baby Ointment 30g

RM 11.50

~~NP: RM17.60~~



Oral-B Pro-Health Brush Soft 2's+1's

RM 15.90

~~NP: RM23.90~~



HS Socomfy Oral Spray 15ml

RM 16.90

~~NP: RM19.90~~



HS Hair & Scalp Solution 2-In-1 (2x50ml)

RM 23.70

~~NP: RM27.90~~



Yukazan Child Flu Relief Nose Patch 6pc

RM 17.90

~~NP: RM23.60~~



Skinlabs Concentrated Vitamin E Cream 200ml

RM 31.40

~~NP: RM41.90~~



Cetaphil Gentle Exfoliating Salicylic Acid Cleanser 236ml

RM 35.10

~~NP: RM54.00~~



Rexicare Inflatable Cushion (Unit)

RM 33.60

~~NP: RM45.00~~

T&Cs apply. While stocks last. Selected items only


Logganya A/P Karunagaran
Pharmacist at Mega Kulim Pharmacy

BEYOND BLOOD GLUCOSE: UNDERSTANDING HBA1C

When it comes to diabetes, many people are familiar with the finger prick blood glucose test. However, there is one test that gives us a much broader picture of our blood glucose control: HbA1c. Unlike the instant blood glucose reading, HbA1c reflects your average blood glucose levels over the past 2–3 months. Understanding the difference between HbA1c and fasting blood glucose reading (FBG) can help you to gauge your blood sugar control and discuss the best diabetes management plans with your healthcare professionals.



1. WHAT IS HBA1C?

HbA1c, or glycated haemoglobin, is a blood test that shows your average blood glucose level in the past 2–3 months. Glucose that circulates in the bloodstream will attach to the haemoglobin in red blood cells forming glycated haemoglobins.

Therefore, a high HbA1c value reflects a high blood glucose level. As red blood cells generally have a lifespan of approximately 3 months, HbA1c provides a long term picture of glucose control rather than a snapshot of one particular moment.



2. HOW IS HBA1C DIFFERENT FROM FASTING BLOOD GLUCOSE (FBG)?

FBG measures your blood glucose at one specific point in time, usually after fasting for at least 8 hours. It can be affected by recent meals, stress, illness, physical activity and other factors. Meanwhile, HbA1c reflects an accurate blood glucose profile that is not influenced by daily fluctuations of the body's blood sugar levels.

3. HOW DOES HIGH HBA1C AFFECT THE BODY?

A high HbA1c indicates that blood glucose levels are not well controlled.

Persistently high blood glucose increases the risk of diabetes-related complications affecting the eyes (retinopathy), kidneys (nephropathy) and nerves (neuropathy).



4. CAN HBA1C LEVELS IMPROVE?

Yes, good lifestyle habits can have a positive impact on your HbA1c levels.

These habits include taking your prescribed medications as directed, following a healthy eating plan, staying physically active, monitoring your blood glucose regularly, and attending scheduled follow-up appointments.





5. WHY CAN HBA1C BE MISLEADING?

As HbA1c levels involve red blood cells and haemoglobin, conditions that affect red blood cell lifespan or the amount of haemoglobin can make the result less reliable.

Certain conditions that affect red blood cells or haemoglobin level such as anemia, recent blood loss and blood transfusion can cause the HbA1c result to be higher or lower than expected.



6. WHAT DO HBA1C NUMBERS MEAN?

According to Clinical Practice Guidelines, Management of Type 2 Diabetes Mellitus (6th Ed), below are the interpretation of HbA1c (%) levels :

Normal : <5.7%
Pre-Diabetic : 5.7% - <6.3%
T2DM : ≥6.3%

7. WHAT DOES A LOWER HBA1C MEAN?

In general, a lower HbA1c indicates lower average blood glucose level, however it does not always mean better control. For people using insulin or certain glucose-lowering medications, an unusually low HbA1c may indicate frequent episodes of low blood glucose (hypoglycaemia).

Therefore, the goal is not simply to achieve the lowest possible HbA1c, but to establish an individualized and safe target level.



8. HOW OFTEN SHOULD HBA1C BE CHECKED?

The frequency of HbA1c testing depends on your diabetes control and whether your treatment regimen has recently changed.

HbA1c may generally be checked at least twice a year. Testing every 3 months may be recommended when treatment plans are adjusted, glucose control is not at target level, or when closer monitoring is needed.



REFERENCES :
1. American Diabetes Association Professional Practice Committee. 2026. Standards of Care in Diabetes—2026. Diabetes Care, 49 Supplement 1.
2. World Health Organization. 2019. Classification of diabetes mellitus. World Health Organization.
3. International Diabetes Federation. 2025. IDF Diabetes Atlas 11th ed.. International Diabetes Federation.
4. National Institute for Health and Care Excellence. 2026. Type 2 diabetes in adults: management NG28. NICE.
5. Ministry of Health Malaysia. 2020. Clinical Practice Guidelines: Management of Type 2 Diabetes Mellitus (6th ed.). Ministry of Health Malaysia.


Eunice Ong Xuan Wei
Pharmacist at Mega Kulim Pharmacy

What is TENS?

A Simple Way to Manage Pain



KEY INFORMATION

Drug-Free & Non-Invasive
Is a drug free and non-invasive peripheral stimulation technique used to relieve pain.

Blocks Pain Signals
The electrical impulses flood the nervous system, reducing its ability to transmit pain signals to the spinal cord and brain.

Boosts Natural Pain Relief
The same electrical impulses also stimulate the body to produce natural pain relievers called endorphins.

Cost-Effective
TENS is cheap when compared to long term drug therapy and TENS devices can be purchased over the counter and without medical prescription.

Remember: TENS helps to manage pain but does not treat the underlying cause.

TENS MAY HELP RELIEVE:


Arthritis-related pain


Neck & Back Pain


Period Pain


Labor Pain


Post Operative Pain


Diabetic Neuropathy Pain

WHY CHOOSE TENS?

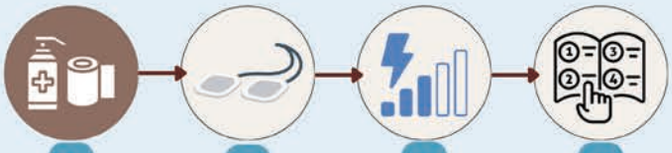

Non-invasive


Convenient and portable


Adjustable


Easy to use

HOW TO USE TENS?



1. Clean and dry the skin.
2. Apply the electrode pads to the painful area.
3. Start with low intensity and gradually increase until you feel a comfortable tingling sensation.
4. Use the device according to the manufacturer's instructions.

WHO IT IS FOR?


Senior


Chronic Pain Patient


Office Worker


Athletes/ Fitnest Enthusiast

References
1. Johnson M. (2007). Transcutaneous Electrical Nerve Stimulation: Mechanisms, Clinical Application and Evidence. Rev Pain. 7-11. https://doi.org/10.1177/204946370700100103
2. ApriaHome Care Team. (2024). What Is Tens Therapy: Use Cases, Benefits & Side Effects. https://apriahome.com/blogs/home-medical/what-is-tens-therapy-use-cases-benefits-side-effects?srsltid=AU7gw4WUUOjUKoDNmxiIU0gW-iOgZEx4gydENCKw4g9dK21axBO4E-oc


Siti Nuraishah Binti Ibrahim
Dietitian at Mega Kulim Pharmacy

PROTECT YOUR NERVES, EYES & HEART: WHY NUTRITION MATTERS IN DIABETES



Diabetes is a chronic medical condition that occurs when blood glucose levels are consistently high. Over time, prolonged high blood glucose levels can damage blood vessels and nerves, increasing the risk of complications affecting the kidneys, eyes, and heart. The good news? A balanced, nutrient-rich diet can support blood sugar management and protect your body from these complications.

1. PROTECT YOUR NERVES!

Prolonged high blood glucose levels can affect the nerves, especially in the feet and hands, leading to diabetic neuropathy. People with diabetic peripheral neuropathy may experience tingling, burning pain, numbness, or muscle weakness, particularly in their feet and hands. They may also have reduced sensation to pain, heat, and cold, making injuries harder to detect and increasing the risk of unnoticed wounds.

NUTRIENTS THAT HELP:

B vitamins (B1, B6 and B12)
Support normal nerve function and are particularly relevant for people taking metformin, as long-term use may reduce vitamin B12 levels in the body.

Omega-3 fatty acids
Support overall nerve and cardiovascular health.

Antioxidants
Help protect cells from oxidative stress caused by high blood sugar levels.

FOOD SOURCES:


MEATS


LEAFY VEGETABLES


FISH


EGGS

2. PROTECT YOUR EYES!

Long-term high blood glucose levels can damage the tiny blood vessels in the retina, leading to diabetic retinopathy, blurred vision, macular swelling, cataracts, and glaucoma. If left untreated, these complications may progressively impair vision and even lead to blindness.

NUTRIENTS THAT HELP:

Vitamin A & carotenoids
Important for normal eye function. Protect the cornea, support low-light vision, and reduce cellular damage in the retina.

Lutein & zeaxanthin
Concentrated in the retina and help protect the eyes from oxidative stress and blue light.

Vitamin C & E
Antioxidant nutrients that help protect cells.

FOOD SOURCES:


CARROTS


BERRIES


NUTS


PUMPKIN

3. PROTECT YOUR HEART!

People with diabetes have a higher risk of heart disease and stroke, especially when blood sugar, blood pressure and cholesterol are not well controlled.

NUTRIENTS THAT HELP:

Omega-3 fatty acids
Support heart health by lowering triglycerides, reducing inflammation

Fibre
Fiber-rich diets may lower the risk of heart attack and stroke, in part by decreasing inflammation.

Potassium & magnesium
Important for normal cardiovascular function.

FOOD SOURCES:


AVOCADO


OATS


BANANAS


BEANS



References

MEGA WELLNESS IN ACTION
HEALTH. FUN. COMMUNITY.

Promoting Wellness, Strengthening Communities

On 20 June 2026, Mega Kulim Pharmacy joined Panel Penasihat Klinik Kesihatan Jalan Macalister (PP KKJM) in supporting the Keluarga Sihat, Komuniti Sejahtera programme. Through engaging health-focused activities, the programme raised awareness of healthier living and encouraged positive connections within the community. Mega Kulim Pharmacy was proud to support this meaningful initiative. Together, we can create a healthier and brighter future for all.















Raja Segala Buah

On 21 June 2026, Mega Kulim Pharmacy took part in the lively Pertandingan Durian Komuniti Kampung Peringkat Daerah Kulim 2026. Beyond the excitement of free health screenings and Spin & Win, the event gave us an opportunity to educate visitors on the safe disposal of expired and unused medicines. We sincerely appreciate everyone who stopped by our booth. Your enthusiasm made this community event even more meaningful.

Strengthening Health Knowledge Through Expert Insights

On 28 June 2026, Mega Kulim Pharmacy was honoured to welcome Dr Chiam Keng Hoong, Gastroenterologist, Hepatologist and Physician from Pantai Hospital Penang, for an insightful health talk entitled "Are All Hepato-Protectants the SAMe?" Held at Mega Kulim Pharmacy, Jalan Tengah, Bayan Lepas, Penang, the session offered valuable insights and discussion on liver health and hepato-protectants. We sincerely thank Dr Chiam for sharing his expertise and all participants for their active engagement. We look forward to more opportunities to promote health education, professional knowledge sharing, and greater community awareness.







Promoting Healthier Communities at CSAMM 2026

On 4 -5 July 2026, Mega Kulim Pharmacy partnered with Appeton at CSAMM 2026, held at Shangri-La Kuala Lumpur, to raise awareness of nutrition and preventive healthcare. Visitors explored Appeton's nutritional solutions and received complimentary AirDoc health screenings. The interactive experience encouraged greater awareness of healthier living. We were grateful to everyone who visited our booth and made the event meaningful. It was a pleasure to connect, share knowledge, and promote healthier communities together.















Inspiring Healthier Young Minds

On 14 July 2026, Mega Kulim Pharmacy held a Wellness Sharing Session at SJKC Hwa Min, Lunas, Kedah, led by pharmacist Mr Johnson Yeoh Zhong Sheng. Students learned about childhood obesity, balanced nutrition, and healthy habits. "Eat Smart with Mia" materials were also displayed in the school canteen to encourage healthier food choices. We thanked the school, teachers, and students for their warm welcome and participation.



Great Memories, Meaningful Connections

On 7–9 August 2026, Mega Kulim Pharmacy participated in Tastefully Food Expo 2026 at Mid Valley Exhibition Centre (MVEC KL). The event provided a wonderful opportunity to connect with visitors, enjoy friendly conversations, and share memorable moments at our booth. We were grateful to everyone who stopped by and showed their support. Your enthusiasm made the experience even more meaningful, and we look forward to meeting you again at future events!







Inspiring Healthy Habits

On 20 September 2026, Mega Kulim Pharmacy hosted My Little Nutritionist at Crowne Plaza Penang Straits City. The event brought children and families together for a cheerful day of learning, laughter, and nutrition themed activities. Our little nutritionists discovered the importance of balanced nutrition and explored how everyday food choices could help them grow strong and healthy. We sincerely appreciated the enthusiastic participation of all families and the support of Hoe Pharma, whose collaboration helped make the event a meaningful and memorable experience.

















Eat Smart, Grow Strong

On 30 September 2026, Mega Kulim Pharmacy conducted a Wellness Sharing Session at Sekolah Kebangsaan Selasih. Our dietitian, Ms Husna Zulhaili, presented "How to Eat Like a Superhero," introducing students to balanced nutrition and healthier food choices to support their growth and everyday activities. The session encouraged students to discover the importance of eating well from a young age. We sincerely appreciated the school, teachers, and students for their warm welcome and enthusiastic participation.

Download Mega Kulim Pharmacy App Now to get RM10 Birthday Voucher
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Download on the App Store

SOOTHING & REFRESHING



MAL09111817XC

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SUGAR FREE ASSORTED
RM 4.60/ea



MAL09111813XC MAL09111815XC MAL16075018XC

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1079-09/2013
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KKLIU XXXX / EXPIRY DATE XX.XX.XXXX

Soon Health



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megakulim PHARMACY

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RM 3.60 Haribo Assorted 80G



RM 3.20 Loacker Classic Assorted 45g

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RADIANT ORGANIC

100% PURE NATURAL REMEDY

- HELPS PREVENT UTI
- HELPS LOWER CHOLESTEROL
- HELPS RELIEVE GOUT
- SUPPORTS WOMEN'S INTIMATE HEALTH
- HELPS IMPROVES MEN'S HEALTH
- FOR BETTER SLEEPS



RM76.00
~~NPr RM88~~

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Lifetime Membership

- Free 200 Points Upon Sign Up
- Birthday Voucher
- E-Stamp Redemption
- Exclusive Promotion
- My Health Record
- Point Redemption 200 Points = RM1
- Daily Check In Gain 1 Point
- Lifetime Membership

Christmas & Year-End Sale

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1 NOV – 31 DEC 2026



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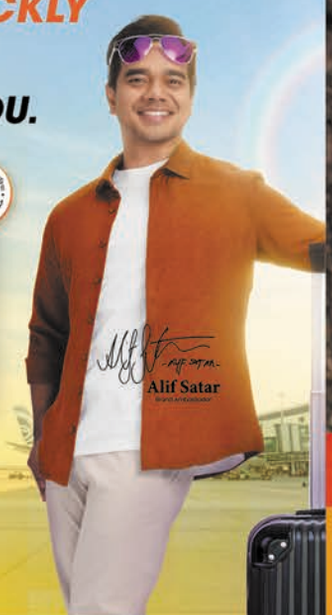
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The effect of this product may vary between individuals. KKLIU: 2799 / EXP 31.12.2028

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This cream creates a strong, long-lasting bond between the denture and the gum.

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2. Apply a small amount of cream in thin strips, not too close to the edges.
3. Adjust to the correct position and bite down for a few seconds to secure.

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2. Slowly remove denture using rocking motion.
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Do not use this product more than once per day. With proper usage, one tube can last at least 9 - 10 weeks.
Consult your dentist regularly to ensure you have properly fitted dentures.
Registered under Act 737 | Advertisement No.: MOAMD 0122/2024

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1 Nov – 31 Dec 2026

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MDA Registration Number: GB10872026-224808

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Easy Urinary Flow
Stay Fresh, Stay Confident From Within
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100ml

Nurture your baby's skin the gentle care it deserves with our natural and soothing treatment

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Ultra Sensitive Cream
Natural & Soothing for Delicate Baby Skin



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Dermoplex
X-Zma Relief Cream
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X-Zma Relief
Relieve & Soothe Irritated Skin

Non-steroidal topical treatment, designed to effectively manage dry inflammation in atopic dermatitis

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GRAPE SEED EXTRACT & VITAMIN E
Vitamin E as daily antioxidant support

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Supports collagen formation to maintain healthy bones

NICOTINAMIDE
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1 NOV - 31 DEC 2026

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AS A HEALTH SUPPLEMENT* KKLIU: 4059/ EXP 31.12.2028

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48H Hydration[3]

X3 TRIPLE GENTLE ACID EXFOLIATION



References: 1. Galderma data on file: [RD.53.SPR.207020] 2. Galderma data on file: [SPR.3386.207513] 3. Galderma Data on File [Clear project Final Clinical Results on 5 Products]. 4. Cetaphil Gentle Exfoliating SA Lotion. Claim Summary. Preference formula number 1905. Date: April 2024. 5. Cetaphil Gentle Exfoliating SA Cleanser. Claim Summary. Preference formula number 1904. Date: April 2024.
*Source: Based on internal analysis by Galderma Malaysia Sdn. Bhd. using data from the following source: IQVIA Malaysia National Sales Audit (NSA), sell-in sales units and values, total markets of ATC2: D02 – EMOLLIENTS & PROTECTIVES in all channels, for the period MAT Q1 2026, reflecting estimates of real-world activity. Copyright IQVIA. All rights reserved. Document No.: MY-CET-2600048

Promo Period: 1st Nov - 31st Dec 2026

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- pH 5.5 — Supports the skin's natural barrier
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NOV & DEC 2026



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Approval code: SUD-MY-00089 & Artwork Creation Date: April 2025 & Expiration Date: April 2027

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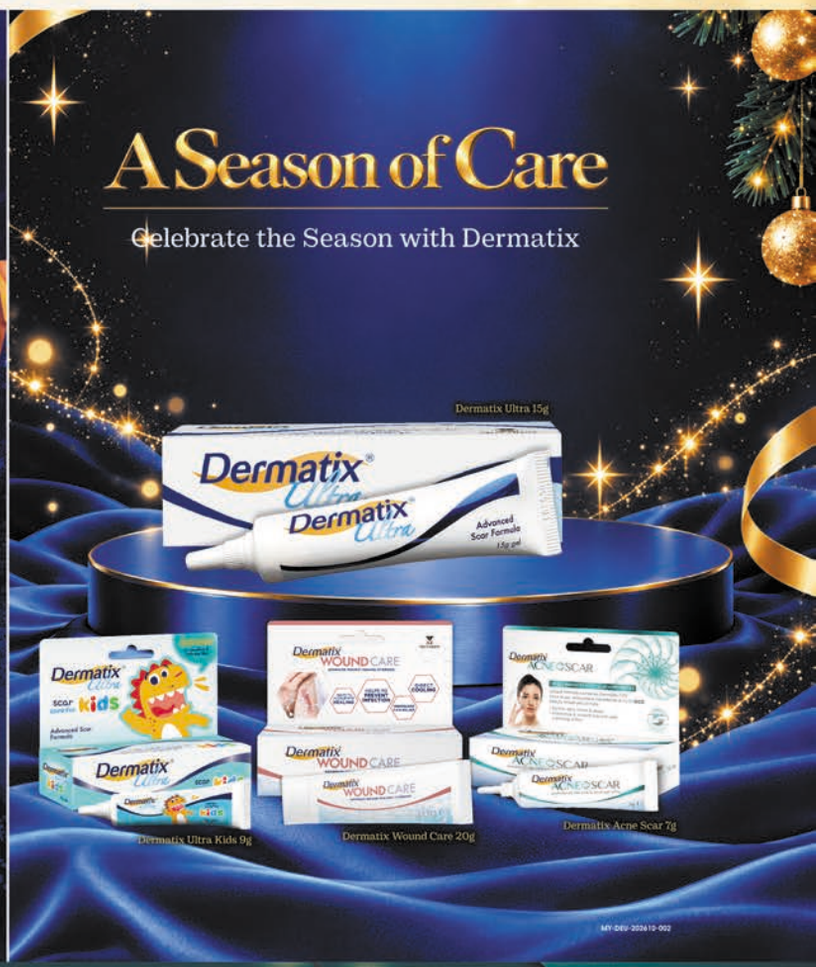


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Reference: Iberet® Folic 500 Malaysia PI, Oct 2022.

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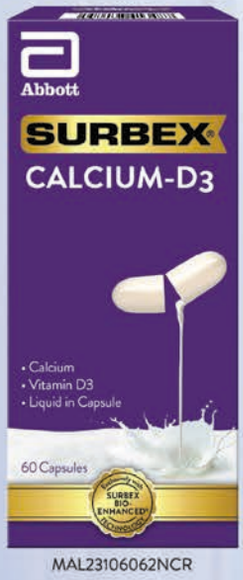
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Please consult your healthcare professional for the interpretation of result and diagnosis.

References: 1. Smartson online survey, Sweden 2017. 352 respondents: People with type 1 and type 2 diabetes, over 18 years old, who tested at least 4-7 times a day. Participants received free meter and tests strips. Survey funded by Ascensia Diabetes Care. **2.** Klaff L et al. Accuracy and User Performance of a New Blood Glucose Motoring System [published online ahead of print, 2020 Nov 26]. J Diabetes Sci Technol. 2020; https://doi.org/10.1177/1932296820974348. **3.** Richardson JM et al. Clinical Relevance of Reapplication of Blood Samples During Blood Glucose Testing. Poster presented at the 20th Annual Diabetes Technology Meeting (DTM); November 12-14, 2020. **4.** Stuhr A and Pardo S. Impact of Real-World Use of the CONTOUR® DIABETES App on Glycemic Control and Testing Frequency. Poster presented at the Diabetes Technology Meeting (DTM). November 8-10 2018, North Bethesda, Maryland, USA. **5.** Pardo S et al. Changes in Blood Glucose Excursions After at Least 180 Days Real-world Use of a New Smartphone Application for Blood Glucose Monitoring. Poster presented at the 12th International Conference on Advanced Technologies & Treatments For Diabetes (ATTD); February 20– 23, 2019; Berlin, Germany.

*Minimum accuracy requirements of ISO15197: 2013 standard require ≥95% of the measured values to fall within ±0.83 mmol/L at glucose concentrations <5.5 mmol/L or within ±15% ≥5.5 mmol/L of the referenced results.

*This analysis was conducted with the CONTOUR®NEXT ONE system.Results may vary with other Blood Glucose Monitoring Systems.

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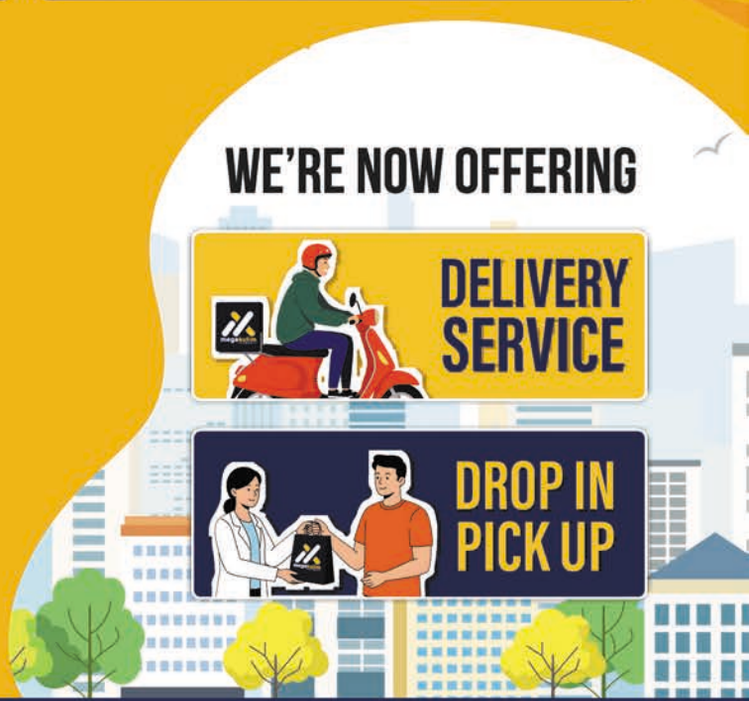
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